

10-Jun

Name	Surname	Start Time	Race Clock Time	Race Time	Actual Time	Average Speed
Jürgen	Simpson	19:20	01:16:02	00:50:00	00:26:02	44.55
Ronan	Costelloe	19:18	01:14:28	00:48:00	00:26:28	43.82
Pádraig	O'Sullivan	19:17	01:14:41	00:47:00	00:27:41	41.90
Alan	Buckley	19:19	01:16:42	00:49:00	00:27:42	41.87
Neil	Foley	19:21	01:19:18	00:51:00	00:28:18	40.98
Stephen	Cunneen	19:14	01:12:25	00:44:00	00:28:25	40.81
Frank	Moloney	19:12	01:10:42	00:42:00	00:28:42	40.41
Ross	Higgins	19:11	01:10:54	00:41:00	00:29:54	38.79
Alan	Glover	18:59	00:59:05	00:29:00	00:30:05	38.55
Dave	Kelly	18:57	00:57:32	00:27:00	00:30:32	37.98
John	O Sullivan	19:07	01:07:35	00:37:00	00:30:35	37.92
mike	clancy	19:05	01:06:01	00:35:00	00:31:01	37.39
Richard	Chapman	19:13	01:14:19	00:43:00	00:31:19	37.03
James	Quilligan	19:08	01:09:34	00:38:00	00:31:34	36.74
John	Deegan	19:09	01:10:44	00:39:00	00:31:44	36.55
Christian	Jones	19:10	01:12:01	00:40:00	00:32:01	36.22
Darragh	Nicholas	18:50	00:52:02	00:20:00	00:32:02	36.21
Nigel	O'Brien	18:55	00:57:42	00:25:00	00:32:42	35.47
Diarmaid	Lane	19:06	01:08:43	00:36:00	00:32:43	35.45
Dermot	Hayes	19:01	01:03:44	00:31:00	00:32:44	35.43
Shane	Costelloe	18:58	01:00:57	00:28:00	00:32:57	35.20
Nigel	Laffan	18:33	00:36:14	00:03:00	00:33:14	34.90
Philip	Brennan	18:47	00:50:19	00:17:00	00:33:19	34.81
Mark	Connolly	18:48	00:51:26	00:18:00	00:33:26	34.69
Sinead	Walsh	18:43	00:46:36	00:13:00	00:33:36	34.52
Evan	O'Sullivan-Glynn	19:00	01:04:18	00:30:00	00:34:18	33.81
Fernando	Otero	18:54	00:58:55	00:24:00	00:34:55	33.22
Nigel	Mann	18:51	00:56:05	00:21:00	00:35:05	33.06
Roisin	Doran	18:38	00:43:11	00:08:00	00:35:11	32.96
Lisa	Horgan	19:03	01:08:17	00:33:00	00:35:17	32.87
mick	griffin	18:31	00:38:07	00:01:00	00:37:07	31.25
Claire	Oflynn	18:35	00:42:17	00:05:00	00:37:17	31.11
Eimear	Laffan	18:32	00:39:38	00:02:00	00:37:38	30.82
joan	griffin	18:30	00:37:50	00:00:00	00:37:50	30.66
Ross	Gribben	18:56	01:04:10	00:26:00	00:38:10	30.39
Edel	Foster	18:39	00:47:12	00:09:00	00:38:12	30.36
Ciara	G	18:34	00:42:25	00:04:00	00:38:25	30.19
tom	moriarty	18:36	00:45:43	00:06:00	00:39:43	29.20
Cliona	Hurst	18:37	00:47:26	00:07:00	00:40:26	28.68
Helen	Hartigan	18:41	00:51:32	00:11:00	00:40:32	28.61
Martin	Maher	18:53	01:04:19	00:23:00	00:41:19	28.07
Niamh	Yelverton	18:42	00:53:21	00:12:00	00:41:21	28.05
Patrick	Dundas	18:52	01:09:33	00:22:00	00:47:33	24.39
Andrea	Cullen	18:40	00:00:00		DNS	
James	Fletcher	18:49	00:00:00		DNS	
Shona	Keane	19:02	00:00:00		DNS	
Bryan	Nolan	19:15	00:00:00		DNS	
Garron	Mosley	19:16	00:00:00		DNS	