



Women's Try a Tri



Event Launch

Wed 29th Jan

@The Pavillion UL @7pm

(register onsite)

COST

€50

This covers:

- 8 week training programme with 2-3 sessions a week
- Training license (worth €22)
- Temporary club membership
- Entry into event (takes place on Sunday 5th April)

Ladies, if you have never participated in a triathlon before, this is your chance:

- 240m pool based swim
- 15km cycle
- 4km run

CONTACT

For more information please contact Limerick Sports Partnership on 061-333600

