



Limerick Triathlon Club Bike Time-Trial Series 2018

General Information

4 races in total

Dates: Wednesday evenings, May 2nd, 9th, 16th & 23rd

Distance: 20km

Start and Finish: Daly's Cross, Old Dublin Road – route shown on next page

Prizes: Overall Male and Overall Female (perpetual cup) – based on average of best 2 times

Time: First cyclist off at 6.15pm

Requirements

- All athletes must be members of Limerick Triathlon Club.
- Each athlete is given a race number on the first night and must use this for the remainder of the series – display on back.
- Each athlete is required to marshal on one of four evenings – online poll will be circulated before the first race. Athletes will select evening for marshalling.
- **10 marshals** in total required each evening
- Overall position of males and females is based on the average of their two best times and fulfilment of marshalling duties.
- If athletes wish to run off the bike after their timetrial, we request that they do not run against the finishing cyclists.



Route Information

DISTANCE	20.0 kilometers
CLIMB	130 m

